

LIFE ON EARTH

A VISITOR'S WORLDVIEW



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Life on Earth – A Visitor's Worldview

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For Eric and Kate

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Preface

'You are a visitor here' someone once told me many years ago. This idea has stayed with me throughout my own search for meaning – I'm here but not from here. Is the search for understanding of life on Earth a small piece of a much grander puzzle?

Over time, layer by layer, our seeking shapes our worldview. There are many worldviews as there are many seekers and sharing perspectives is part of the search for meaning and understanding. My intention with this book is to share my view of life on Earth with others, particularly my niece and nephew.

I want to offer my perspective for their consideration as they develop their own worldview. I want to inspire them to think and devote time to the study of the basic questions of life. Who am I? Why am I here? What's the purpose of life?

My worldview narrative is patched together thanks to the work and study of many dedicated researchers. Through their work I was able to form a picture of the world which helped me understand and make sense of some of the basic questions of life. I readily admit that some of this may be true, all of it may be true or none of it may be true.

Many of the concepts in this worldview are unconventional, while others have attained a measure of general acceptance. I ask the reader to have an open mind and entertain these ideas as an imaginative exercise.

Some of this material is allegorical to convey a general understanding and not necessarily the precise nature of a concept. I'm often reminded that the universe and creation are called a mystery for a reason.

Some of the ideas presented are briefly described to simply inspire reflection. Much in-depth material exists if there is interest in a more comprehensive investigation.

Perhaps you will find one or two things that you like and want to pursue. Maybe you will be motivated to investigate other worldviews. Perhaps you will just enjoy the dream ride.

That would make all the difference too.

1. Beginnings

“Is all that we see or seem but a dream within a dream?” — Edgar Allan Poe

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You step outside on a cool, clear night and gaze up at a blanket of sparkling stars. You slowly turn in a circle and the heavens flow over you in silent display. Where is the beginning and where is the end? The night sky reveals what is hidden by the day’s sun - the seeming infinity which surrounds us.

We consider the possibilities with billions of stars. Are we ‘it’, alone here on this fleck of dust rushing through this vast space? Going where? Why?

Closing our eyes, we feel our bodies leave solid ground and speed headlong out into the universe. The vastness inspires powerful feelings of freedom and unlimited potential.

In a flash of time we imagine magical worlds, dazzling characters and epic adventures. We love, we fight, we build and we destroy. Whole lives lived and ended in a sensory blink. Floating back to earth, we stare in awe at the stars, amazed at their power in triggering our creative imaginations.

Who or what possesses the boundless imagination to create this masterpiece unfolded before you? You consider the idea that there must be a Creator and what you behold is its creation.

Now reflect on the possibility that you are the Creator. That perhaps you, me, all of us collectively are the Creator, and what we see is our creation. That we have jumped into our creation to experience our imagination.

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The Plan

This idea, that we collectively – and by ‘we’ I mean not just human beings but all life, are the Creator, seems contradictory. We experience separateness yet we are one? Why, as Creators, would we create wars, disease and poverty? We have many questions and challenges to the concept. Let’s start with the question of why, the why of our existence. This idea presents a simple answer.

The Creator wanted to experience itself. The Creator wanted to experiment with the idea of experiencing its imagination independent of its source – through the element of innocence and chance. Through separating itself from its central core of awareness and veiling its true identity, the Creator would experience itself without predisposition.

The Creator, who has total knowledge and awareness, set a plan for adding to itself through this type of unscripted experience. This is the Creator's dream.

The Creator first imagined all the potential worlds. The stars, planets and galaxies, all that you see, were set in motion on the universal canvas. The intention was to create infinite environments for an infinite number of experiences. The variety of worlds surpasses one's ability to adequately grasp them.

The creation is manifested, the stage is set. The plan then requires the process for experiencing itself. The Creator chose to create parts of itself, holographic duplicates of itself in every way. Imagine the Creator gazing into many mirrors and each reflection is alive and possesses the awareness and knowledge of the Creator. These parts or reflections we'll call souls.

The souls were sent into the creation and appeared to be separate from the Creator. However, the Creator is always connected to each soul – all are part of one. This illusion of separation is a necessary part of the plan for the Creator's experiencing of itself.

The soul's mission is this: journey to these worlds and return back to the Creator with the fruits of experience. These are the soul's gifts to the Creator. Each soul becomes unique by virtue of their individual journey and only they can teach the Creator what they have learned.

You are one of these souls on one of these journeys. So am I.

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The Creator is curious and wants to see what will happen when these parts of itself are cast into the created worlds. To add to the drama certain conditions were imbedded.

The Creator inserted the force of change or evolution while maintaining balance. Everything in the universe is in constant motion and change – nothing stands still.

Balance is always conserved – when one world dissolves another is born. Change implies new events or conditions, which are gateways for new experience.

A second impulse, free will – allowing the soul to choose the worlds and roles it wishes to experience – is an important condition within the plan. Each soul has this gift of freedom, to select and direct its own means of learning and experiencing. We can apply this free will to truly create the element of uncertainty and unscripted experience through our choices.

Thirdly, the desire to return home, the intent to complete the mission and return to our source, resides within each soul. The Creator's love for each of its parts compels each soul to return to its point of origination. Like a magnet, all souls, no matter what choices and free will are expressed, are drawn towards a path home. The souls know that this is their heaven, their nirvana, where eternal peace, joy and love await them.



The Game of Learning

All there is is learning through experience. All the worlds and realms are but one infinite school. There is no other reason for anything to exist. Imagine that the billions upon billions of stars can and do host planets with different potentials for learning. The universe is teeming with souls attending these different worlds and you have experienced many of them.

Like the schools here, the universal school offers classes with different learning objectives. You begin in one class learning lessons and move to other classes as you add to your experience and knowledge foundation. To graduate from a school you must demonstrate your comprehension of lessons learned.

Imagine that the universal school has several levels of learning, each level with a different energy field - called density. Each of the densities would offer different learning environments and experiences.

The most significant difference between these densities is the soul's level of awareness of itself. The soul begins the learning cycle with the purposeful forgetting of its origin as a part of the Creator. This then allows for the innocence related to experiencing life and the exercise of free will.

As you move through the densities of learning, your awareness of your true self expands, until you graduate from the final density fully aware of who you are. You are then ready to reunite with the Creator with your unique basket of experience.

The Earth you live on today provides a physical body density experience. The chief lessons of this density are Love and Free Will. There are many planets in the universe which provide this experience, and you've chosen this beautiful planet to live together and learn through teaching each other Love and Free Will.

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2. Earth

“And forget not that the Earth delights to feel your bare feet and the winds long to play with your hair” — Kahlil Gibran

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Flying through the universe you pass beautifully shaped galaxies and brilliantly coloured nebulas, a fireworks explosion of pattern and design. You have reviewed your lessons from your last life experience and chosen your next destination.

You pause for a moment as you arrive. Before you, at the outer fringes of a spiral galaxy, rests a small star and its solar family. There, in this remote little community, is your new home - a planet called Earth.

You greet the Sun and gratefully accept its permission to enter its domain. An exquisite symphony of music resonates in this Sun system and waves of pleasant vibration wash over you. You reach the Earth and her appearance is breathtaking.

Sparkling like a blue diamond, dressed with wisps of clouds like angel hair, she delights your eye. Gracefully turning she reveals mysteries of land and sea. The feelings of love and compassion are overwhelming. She welcomes you to her home and sensations of joy and thankfulness burst forth from your heart.

A plea from her startles you. She asks for your help.

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The Beautiful Planet

Astronauts on return from their missions often report their newfound deep sense of awe and reverence for Earth, now called the Overview Effect. Their perspective of viewing the Earth from space, and seeing her beauty and fragility whole, has greatly affected them. You experienced this when you came here and first beheld her.

The poet Keats was equally moved by her when he said ‘Beauty is truth, truth beauty’. Poets and artists throughout history have been similarly driven to capture the beauty of Earth and nature in their creative expression.

What is experienced by you as a 'peak moment' is always inspired by nature's presence. Those moments of euphoric timelessness can be equally inspired by gazing at a flower or drinking in a mountain range at sunset.

These experiences affirm the incredible wonders and mysteries of Earth – and her ability to shift you into heart centered exhilaration. Everything else fades away as you melt into union with the Earth. These moments leave you stunned and speechless – and hungry for more.

She is the mother of all life, all nature, and the species of human beings. She welcomes you to her home, provides you with the necessities for life and extends to you her unconditional love.



There is validity to the Gaia hypothesis, that the evolution of life and the planet can't be separate phenomena but one single, integrated process. There is no separateness - the animals, plants, oceans, mountains and human beings – are but one complex living organism. Interdependent like the organs in your body, the health of each is necessary for the survival of the whole.

This oneness, intricate parts linked together like a Swiss watch, moves in synchronicity. The currents of oceans impact the vitality of mountains and the fluttering wings of butterflies affect the path and strength of hurricanes.

What may seem like independent events are in fact connected in the great mystery of oneness. The next time you hear crickets chirping, consider that their sound vibration is critical to the health of your cells. When you feel a soft warm breeze caress your face and you smile, plants react and burst open their flowers. When you brush your lips against another's, a flock of birds take to the air to begin their migration.

Knowing this interconnection of all things should give pause for reflection before action. Discovering these cause and effects clears the path to creating the heaven on Earth, the Garden of Eden, which all life desires.



Her Mission

The Earth sees her mission as to help life learn and evolve. You are here for this reason – so are the animals, plants and mountains. She provides for all and maintains a balance so that each one has an opportunity for life.

Her awareness and intelligence allows her to feel the presence of each individual life on her surface and to know if they walk in reverence or in disrespect of life.

The diversity of life forms enables a rich opportunity for learning from each other. The plants want to experience life and be of service to animals and human beings. They give of themselves selflessly so that you may nourish and heal your bodies and learn about life. Every plant has a role and a gift to humanity, many waiting to be discovered, some purposefully repressed.

Plants have awareness and they communicate with each other. They perceive you and wish to learn from you – watching your behaviour and your interaction with others. They do react to human beings, responding joyfully to your affections and sadly to your destructive nature. You can see this in their vibrancy and proliferation.

They welcome your communications with them and know the day approaches where this will be commonplace and the experience for both will be exhilarating. Imagine having a conversation with a tree – what would you say, what would you ask?



The animals are also here to experience life, evolve on their own path and be of service to their kindred life forms with which they share Earth. The food chain experience is accepted and agreed upon by all involved. They want human beings to excel and are willing to give of themselves to achieve this objective. They ask for your acknowledgement of their contribution and their inherent right to respect and honour.

Many human beings generally fail to honour them and their gifts. Animals are removed from their natural homes and caged, they are subjected to experimentation with weaponry and pharmaceuticals, they are killed indiscriminately for sport and research, and butchered in factory squalor for food and clothing.

Their natural habitats are destroyed through human activity – their food, water and air poisoned, their land seized. Many are leaving the planet now as living conditions have become intolerable. You will notice that there are animal die-offs such as the many dolphin beach strandings. This is a message from them of the imbalance and difficulties of life currently on Earth.

There is a general view that human beings are the most evolved life form on Earth. This is not true – there are species of mammals which are more evolved. Whales and dolphins have a higher intelligence and greater wisdom through their awareness of the Creator and creation. They came to Earth to offer themselves as teachers to human beings. This will soon be accepted as conditions reach critical on Earth.



The beautiful blue planet Earth has offered herself as a home and school for many versions of human beings before the current era. She has also had different looks.

This Earth has experienced many changes in her history, including magnetic pole reversals and ice-ages. What is now a desert was once a jungle and that valley on the ocean floor was once a mountain peak. The South Pole glaciers remember being warm equatorial seas. How you see the Earth today is not how she appeared in the past.

In Earth's past are the ages of Atlantis and in total the Atlantean beings were around for well over 150,000 years. Different from the current version of human being, they did share similar challenges. They became obsessed with technology and ignored the natural world and their mother Earth.

They gradually lost their awareness of their true being, their respect for nature suffered, and they tumbled into conflict amongst themselves. The last era ended in apocalyptic war and the end of the Atlantean life form. An ice-age clean-up followed where the Earth healed and recovered, eventually offering herself once more.

The current human beings are at risk of repeating the Atlantean experience. The use of technology and misuse of the natural world is creating an imbalance.

Human beings continue to escalate conflict amongst themselves with ever more deadly weaponry. A vision of the end paralyzes them – a foggy remembrance stirring in their memory.

The Earth holds its breath as it waits to see if history will repeat. An ice-age clean-up is on stand-by.

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Her Plea

The Earth patiently waits for you to walk barefoot through soft grass, to plunge into rejuvenating waters and to take deep breaths in majestic forests. Plants are on hold, wishing to respond with an explosion of flower and fruit. Animals gather and pause to look at you with wonder and reverence, hoping for your decision to return home and restore the balance to nature.

If you return to balance, Earth will reveal mysteries which will astound you. She is a living library with one of the most diverse plant and animal kingdoms in the galaxy. You will achieve a level of awareness where you will be able to communicate with the different life expressions on Earth. Plants and animals have much to teach human beings – once you honour and respect them and recognize that they, like you, are the Creator.

This then is Earth's plea – live in harmony and balance with nature. You must see the Creator in all life – the plants, animals, rivers, mountains and crickets. Everything is one being experiencing itself. You knew this before you were born on Earth. Now that you are here, will you remember?

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3. Being Human

“What you seek is seeking you.” — Rumi

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You are floating above your mother. She is laid down on a hospital bed with your father beside her, anxiousness creasing his brow. The doctor and nursing staff are bustling about and attending to your mother, adjusting this and attaching that. Your mother is in labour, preparing to deliver you.

You have done your homework and concluded that this time, this place, these parents offer you the optimal opportunity for learning. You are grateful to your parents for giving you this doorway to life as a human being. You feel great Love and compassion for them, as you have before. This is not the first time you have shared lives with these parents and those memories are still crystal clear.

Like your father, you too are anxious. Will I be successful? All the lessons planned - the friends I will meet, the events that will challenge, the emotions I will feel, the compassion I will share – will I be successful? Will I learn Love?

Your mother starts breathing in short gasps and you know it's time. A quick prayer to ease her discomfort with delivery and then you enter through your mother's womb into her baby's body. Your memory is fading, your self-identity evaporating. For a moment you sense nothing. You seem to sleep, but are suddenly woken by an urgent need to breathe.

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Human Being

On a crisp fall day you run through fallen gold and crimson leaves and cartwheel into a pile, laughing as you tumble. Lying on your back, you touch your cool rosy cheeks and gaze at the sparse tree above you. Smoke curling from the chimney tickles your nose. These sensations enchant you and at this moment you are engulfed by joy. You are alive in a human body on the planet Earth.

Look at your left hand as if it is the first time you've seen it. Move your fingers and turn your hand about and examine this discovery. You see complexity and

functionality, balance and beauty. It moves as you direct it and you flirtatiously imagine playing the piano or gripping a baseball.

You delight in this magical display of your hand, like a giggling baby grasping at air. In this very simple movement you are reminded just how incredible the human body is.

You are also reminded that the body is like the tip of the iceberg of what is a human being, with great mystery hidden from view. You have thoughts, you have emotions, you have imagination, you have intuition. Like the baby grasping at air, there doesn't appear to be anything to grab when examining these aspects of being human. Yet these aspects seem as much you as your physical body is you.



One approach to examining the human being is to identify principal components in a Mind, Body and Spirit paradigm. Here the Mind refers to your thinking and self-awareness, the Body to the physical, emotional and life energy bodies and the Spirit to your Soul and connection to Creator.

There is a tendency to imagine the physical body as the outer shell and the other components contained within. Instead, consider the opposite – the physical body is the innermost part, the other components extend beyond and surround it.

Taking this opposite approach you can more easily view these different components as energy bodies. As your different energy bodies combine into one expression, they produce a unique energy pattern and signature that is you.

When viewed with the proper faculties, you are an amazing design of geometric pattern, vibrant colour and motion. Imagine this energy pattern extending about 6 feet around your body and you start to form a dazzling picture of human being you.

Seeing yourself as an energy body expands your awareness and reveals another perspective of who you are. Imagine that when you meet other human beings your energy fields are interacting, exchanging feelings and information.



What you bring to Earth are the Mind and Spirit energetic bodies. The Earth and the Sun provide you with the Body – the physical, emotional and life energetic bodies,

which are your anchor as a human being. The physical body also establishes the parameters of your extent of access to Mind and Spirit.

These parameters are limited purposefully for the learning experience, but as you learn and evolve your access expands, resulting in expanded awareness of Mind and Spirit.

The limitation resides in your DNA, and it is through energy impulses from changing universal cycles, that your DNA itself evolves. The DNA reacts to expand your potential as new waves of energy caress the Earth and all life. The effects will be noticed by increasingly greater use of Mind and Spirit faculties.

Your intuition will be sharper and intrusive in your everyday consciousness. Your perceptions are enhanced as you see energy bodies, not simply physical bodies. Your Mind will expand as you utilize a greater percentage of your brain – like an operating system upgrade with faster processors and greater memory. You will know the connection to Creator and all life through the peace in your heart.

These changes are in process now, and you feel them.



Reincarnation and Karma

You pass a stranger on the sidewalk and you exchange brief smiles of hello as you continue in opposite directions. A motorist pulls over behind you to help you change a flat tire. You give birth to a child. You lose a limb in an accident. All these events, actions, or words and even thoughts you have, create what is called karma.

Karma results from the Universe constantly maintaining balance so that every action set in motion has an equal and balancing reaction. In your day-to-day life, you are constantly setting things in motion - from the briefest, seemingly inconsequential thought to significant events like marrying your partner.

Imagine dropping a pebble in a still pond and the waves rippling out in concentric circles. These are like the energy waves created by your actions. When your waves contact something the waves bounce back to you, altered by the reaction. Karma is the cause and effect interaction of these energy waves caused by your actions.

Sometimes the balancing reaction is experienced immediately and sometimes in another lifetime – however and whenever it is experienced, karma is inescapable.

Judging events and people is problematic as karma plays out in the world. Seemingly unexplainable events would be more clearly understood were you to know the karma involved.



You have a travel trunk of karma which you have accumulated over your many lives. When you chose to come to Earth, you planned events and interactions with certain individuals to balance some of your accumulated karma. The people in your life are not in it by accident or by random probabilities. These individuals agreed to your plans – for their karmic lessons are also with you.

So, you didn't simply choose your parents, they chose you as well. This decision was arrived at by the weight of the karma that both you and your parents shared and wish to balance. The choice of your partner, where you live and the career you choose are all related to karma. What you do once in your planned situations is still your free will choice, and determines whether karma is balanced or not.

The lesson of karma is invaluable. It is this – you must take responsibility for all that you do, you say and you think. The adage 'what you put out to the world comes back to you' is true. You should therefore be inclined to act in a manner which respects and honours others, to be of service to others.

Refrain from judgement as all carry the burdens of karmic past and present. All are striving for balancing karma and reducing the weight of their travel trunks.



Birth is not the beginning nor death the end, but simple transitions in the eternal existence of your soul. Reincarnation is the act of diving into the physical body to continue with your lessons and balancing karma. You have had many lives, many exits and entrances, for the lessons of Love and Free Will require a rich tapestry of perspectives from which to experience and learn the lessons fully. What you should notice is that the chief characters in your drama seem familiar.

These chief characters in your play are familiar for karmic reasons as you've experienced lives with them previously. The roles were different. Imagine that in a previous life your father was your son. You and your spouse were husband and wife in a previous life but roles reversed – your wife was the male and you the female.

Perhaps your best friend was a brother or sister in a previous incarnation. When you meet somebody and have an instant connection, think previous life experience together.

The cycle of reincarnation in the Earth school ends when you have learned your lessons and balanced the karma that you set out to address. Here's a simple way to balance karma – forgive everybody, everything. It is most powerful and self-liberating, freeing you and others from chains which weigh you down. Ask for forgiveness when you have harmed, and forgive unconditionally when you are the recipient of harm.

The greatest challenge you face is forgiving yourself. You will find forgiving others to be comparatively easy to forgiving yourself. However, this you must strive to do. Many carry around their own created baggage of self-loathing from past actions. They endlessly ponder what ifs – what if I had done this, or hadn't done that, what if I had said this instead of what I did say. Just as you would forgive others for their behaviour, extend the same courtesy to yourself.

Here's an exercise to help you – look in the mirror and speak to that beautiful reflection: 'I love you and I forgive you'. Smile, and accept the gift. You are forgiven.

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Your Mission

Your mission is to be you, on the planet Earth, and learn Love and Free Will. Now.

You need not seek far and wide for Love for it seeks you and has found you. It is in your everyday life and offers itself to you in a thousand disguises. Consider all the people in your life - family, co-workers, friends, neighbours, strangers - you and they are seeking the same thing, and it's already in front of you.

Love, as they say, makes the world go around. Indeed, it is the purpose of Earth existence and without it, nothing would exist – for there would be no need. It is your lesson to master love, and all the people and events in your life, and all nature, are there to offer you opportunity for learning. As you are there for them. All are teachers/learners.

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In one lifetime you experience many shades of Love. As a newborn baby with your mother you had the most pure experience, without ego or self-identity, of unconditional love. The first time you cast your eyes on your romantic partner is a similar love experience – a heart-pumping exhilaration from meeting someone you were destined to meet. During these events, you experience a timeless absorption in the moment, lost to all other distractions.

Different shades of love are experienced with friends, siblings and pets. You have affection and compassion of varying degrees, often fueled by what you receive back. Pets are exceptional as their love is always unconditional and they give to their owner's great quantities of it. This is why owners are so attached to their pets – that feeling and sensation of unrestricted love.

Romantic love can be overwhelming, apparently switching off the logical thinking mind, setting you adrift on waves of emotion in singular pursuit. It is both the most thrilling and bewildering form of love, challenging other themes such as trust, intimacy and co-dependence. It is often transient, leaving in its wake confusion and emptiness, and a forced re-examination of love.

Each one of these shades of love provides the opportunity for you to understand love from different perspectives in different relationships. Step back and examine your thoughts and feelings – what is it that creates love in this or that relationship, be it friend or partner or sibling. What do you give and what do you receive, for shouldn't love involve an exchange?



Consider the idea of nurturing unconditional love in your relationship with others. What this means is your love is not dependent on any condition or behaviour from the other party. You love them as they are, you accept them as they are, you honour them as they are. No conditions. There is no requirement of exchange.

Unconditional love acknowledges the uniqueness of each human being as an expression of the Creator. It also acknowledges that each one has their own karmic path in their learning and their uniqueness is reflected in their personality and character and free will choices. You accept their differences.

It does not mean that you suffer harm at the hands of another - extricate yourself from those relationships when you have learned what you could learn and wish them well. Remain cautious of judgement as you know not what burdens they carry.

It does mean that you also unconditionally love yourself as you would others. Respect and accept who you are and honour the journey that has brought you to this point. If you cannot love yourself, you cannot unconditionally love someone else.

Are we not one being experiencing itself as separated parts? You are me and I am you, reflections of one thing? Love is the euphoria accompanying the realization of this truth.



Duality

You experience on Earth many dualities or opposites, such as; light and dark, freedom and restriction, war and peace, joy and pain, to name but a few. You experience these dualities every day, every minute. You see-saw back and forth - now I'm happy, now I'm sad. When you look around the world, you see human examples of kind acts of compassion and next to that the most barbaric and cruelest acts imaginable.

You ask how this could be possible. How could this game of learning include such horrific lessons, and why would we subject ourselves to this, why would the Creator?

To consider this question requires a return to the beginning. When creation was set in motion, free will was of the upmost importance, and necessary to provide the Creator with the greatest harvest of experience. No restrictions and no limitations.

The Creator wanted to know itself through the experience of souls. This initial impulse created a division of two paths for knowing yourself. One path to knowing yourself is through focusing on others and the second path by focusing on yourself. Remember that there is only one being, separateness is the illusion, and souls are but reflections.

These two paths are referred to as polarities and the Universe largely works so that you are either in one or the other, not both - except for some exceptions and only for a limited time. One exception is Earth - she currently supports both polarities.



The path of knowing the self through focusing on others is often referred to as the service to others path. It can be symbolized by the circle and the acts of sharing of knowledge and power. It is outward focused and embodies freedom and expansion.

The path of knowing the self through focussing on the self is referred to as the service to self path. This path is like a pyramid and actions are intended to accumulate power and knowledge for one self, as in funneled to the top. It is inward focussed and limitation and control are tools with respect to relationships with others.

You see both of these paths at play on Earth. Human beings are balancing these two paths, exercising their free will, through their choices every day. However, these two paths cannot co-exist in the same school for long. The two paths are now offered to humanity as a choice – the future will be solely one or the other.

It may help with your decision making if you knew that at the highest level of awareness, only the path of service to others exists.



4. Power Struggle

“Power is the great aphrodisiac.” – Henry A. Kissinger

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You are seated at a table with two plates in front of you. On one plate is a bar of gold and on the other plate nothing. You are asked to choose a plate for yourself.

The same choice is being offered to every human being on Earth. Eons ago humans were offered the choice and in vast numbers chose the plate of gold. You are being offered the choice again at this point in your journey. This time you have the advantage of memory.

You consider your decision as choosing between something and nothing, the known and the unknown, the obvious and the mysterious. You close your eyes and drift into dream. A kaleidoscope of blurry clips of the past appears before you – familiar faces, words and events. A vision of two roads comes into focus.

You open your eyes, shake your head and clear your mind. Pausing for a moment, you exhale and then reach for a plate.

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Conflict

A beautiful pine forest surrounds you. Sunbeams poke through branches landing on soft grass and moss. A nearby gurgling brook draws attention to a clearing a few paces away. You kneel down and study a small sprout from a plant seed which has broken the surface of the earth.

It appears to test its environment before deciding to emerge. Reflecting on this seedling, you realize that it already knows all it needs to know in order to grow into a mature plant.

Newborn human beings do not know all they need to know to survive and become a mature adult. Perhaps it's because they are birthed into an unnatural environment – the disinfected pale walls and floors of a hospital, strange machines whizzing and

beeping, staff dressed as if they were handling hazardous material and not a sunbeam to be found.

Perhaps that's the way human life is designed to be, to provide a full spectrum of human interaction and inter-dependency. Whatever the reason, it does mean that human beings require training and education from infancy through adulthood in order to adapt to their environment and survive. The importance of this learning cannot be underestimated and it is the battlefield for the great conflict occurring on Earth.

There is a battle in progress – the prize being contested is control of your mind. The battle has been going on since human beings have walked the Earth. The stakes are high as you have now reached a fork in the road – and must choose the future path for humanity. The protagonists are recognizable by their symbols; one is the pyramid and the other a circle.



The mind is critical to the human experience as it is where the seat of your awareness resides. How you think and what you think determines your understanding of who you are and the world you live in. It determines your beliefs, your actions and your emotional responses. It is your filter for judging what is 'good' and was it 'bad'. The mind, in short, is your lens for world perception and experience.

You came into this world free and powerful, curious and imaginative, with the intention of learning love and free will. With complete acceptance you understood certain conditions exist in the human body to limit self-awareness, a necessary condition of innocence for free, unscripted experience.

This forgetfulness creates the opportunity for molding the mind, by those with intentions which you would consider beneficial to your goals and by those you would consider non-beneficial. Each of these groups attempts to influence your thinking and choices. One group seems to have the upper hand – the pyramid group.



The pyramid group represents those individuals with a service to self orientation. Their intention is to acquire and accumulate knowledge and power for themselves. To them, the means justify the ends, and other life is subordinate to their ambitions

of empowerment. In their ideal, the few succeed spectacularly while the many are collateral costs.

Their power is largely derived by power ceded to them by other human beings. To obtain this power they use many techniques with the primary objective of controlling how and what you think. Instilling fear, helplessness, false narratives, low self-esteem and powerlessness in your mind facilitates their objective in obtaining your power.

The circle group represents those individuals with a service to others orientation. Their intention is for maximum opportunity for all without limitation, and nurturing self-realization and expansion. This is your natural inclination as you came to Earth a free being wishing to learn.

Their actions are often subtle, nudging you to consider alternatives which stretch your imagination and awareness. They are humble, respectful and seek enlightenment for all. The circle represents sharing, equality and unity, and respect for all life.

Imagine a wide spectrum of learning orientation, with the service to self at one end and service to others at the other end. There is a significant clumping in the middle of the spectrum where most human beings balance a compromise of the two influences, but examples of extremes for both are noticeable in the world.

Those individuals committed to acquiring immense wealth and power for themselves at any expense are extreme service to self, and those altruistic individuals who give their life for peace or justice are examples of extreme service to others.

Both polarities have influence on Earth but the free will decision of the human being is sacrosanct. It is you who has the authority to decide yea or nay, I choose this or I choose that. Both polarities would like to see the balance tipped in their favour.

The pyramid group must be extremely active in its efforts to influence you due to your natural inclinations. Examining some of their methods will help you understand the forces and means used to divert you from your goals.

School

It's 8:15 in the morning and the school bell has rung. You rush to join the grade six line and wait to be admitted into school. Each grade has a line and not until they are all in straight alignment, and the students quiet, will the teacher unlock the secure door to allow you to enter.

One by one the lines finally move and you enter the school and quickly head to your classroom. You enter a square room, desks in rows and directed at the blackboard. The blinds are drawn on the small windows on one side of the classroom; a large portrait of the Queen dominates the other side.

The teacher enters and excited chatter subsides to silence. The door is locked and the students stand to attention as the national anthem is played.

So begins another day in your education with the most important objectives having already been demonstrated - your obedience to authority and conformity in behaviour.



These objectives are important to those who seek power. You give away your power through your unquestioning compliance and also develop conditioned behaviour in response to authority for now, and for time to come. There is no room for individual uniqueness in this system, as all must adjust to a standard model. Those who rebel are soon outcast – the comical irony of the compliant banishing the free.

It's interesting to note that the school model reflects the future work model. You leave the square building and rows of desks of school, to the square building and rows of desks of work. The hour you start, the days you work, the locked doors, the authority and rules, the sameness of behaviour, flow from school right into the workplace.

That is not by accident but by intent. The school is preparing you for the workplace, for that is their mandate. Curriculum is influenced by workplace needs, students are stream-directed based on their demonstrated skills and the marketplace demand requirements. Career counselors regularly tour classrooms.

School and work also share the same hierarchical structure, the pyramid, where your power depends on your level on the pyramid. At the highest level is the

greatest concentration of power – acquired through authority. To maintain this position, authority must be unquestioned, and the individual power of those at the bottom of the pyramid relinquished.

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Consider what is not taught in the school system – the basic survival skills for a human being. You should know how to grow food, how to identify edible plants and herbs in nature, how to obtain water, how to use small tools and build shelter and how to obtain or create energy. Knowing these skills of self-sufficiency enhances your freedom and reclaims power.

Some private elite schools still focus on developing the whole human through a rich liberal arts curriculum centred on the ancient trivium of grammar, logic and rhetoric; along with arithmetic, geometry, astronomy and music. The emphasis is on the experience and triumphs of human achievement and not job preparation.

You are a unique expression of unlimited potential, desiring to be free to explore and discover. The school system is the bucket of water to your fire. You need to find alternative means to stoke your flames and become the magnificent being you were destined to be.

∞

Media

The mind has many complexities and new insights into its functioning are consistently being discovered. Some aspects of the mind are very well understood and one area of particular interest is the subconscious mind. The mind can be viewed as having two components – the conscious and the subconscious. The conscious mind is your alert, self-awareness; the subconscious mind everything else.

By everything else is meant personal memories and emotions, beliefs, skills and a photographic picture memory of every minute in your life down to the smallest detail. It is a huge storehouse of information working 24/7 and recording everything without judgement or filter.

The subconscious mind for example retains the memory and skill for you to breathe and walk, skills you initially had to consciously develop. Through repetition, the skills

were imprinted in your subconscious mind such that breathing and walking are largely now managed by it – you don't have to consciously think about them.

Its powerful capabilities influence your actions, your choices – often without your conscious awareness of the influence. This fact is what is of interest to many – from advertisers to teachers to politicians. Repeat a message often enough and it will be boldly imprinted in your subconscious mind. Attach an emotion to the imprinted message, and you create a powerful learned behaviour.

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The art of perception management is the process of managing messages to arrive at a desired behavioural outcome. You are constantly being bombarded with messages with the intent that you think a certain way, or act in a certain way. The primary target of these messages is your subconscious mind. Media is the method for delivering the messages.

Your conscious mind can be a deterrent to these messages as you can apply logical and analytical assessment of the information. However, your conscious mind is limited in its range of focus so vast information seeps in without your awareness.

Your challenge is to control the information entering your mind. Recognize that those who would wish to control you, manipulate you, heavily utilize media to pound you with messages. They are interfering with your free will to their advantage. The solution is to take responsibility for what information you receive, and utilize your critical thinking conscious mind before you act or react.

The concentration of ownership of major media – TV, radio and print, for example, presents the opportunity for managing large swaths of society with unified messages. The term 'manufactured consent' is accurate and enormous resources are dedicated to this objective. It would not be inaccurate to state that you are being played.

∞

Is it or truth or propaganda? Fact or fiction? Information or disinformation? It helps knowing that there are agendas, particularly the pyramid agenda. They want your power and will use any means to get it. Fear is a powerful tool often used to ground messages in your subconscious. Notice how often the attempt to create fear appears in media, and its repetition with simple messages and slogans.

Most of the world is beyond your reach, beyond your ability to directly experience. You tend to rely on media to fill in the blanks for this world beyond your reach. It would be prudent to source alternative information sources to provide more depth and breadth than would be provided by main stream media. Use your critical thinking mind to analyse information and turn on your truth detector.

Remember, if you don't take responsibility for what goes on in your mind, someone else will.

∞

Government

You have a choice – candidate A or candidate B. By choosing one or the other, you believe you are exercising a basic right of a democracy. It is a democracy you would be better served without, for as a minimum you fool yourself that you are free. You would be better served by open fascism, for there is no illusion of freedom under that system. The truth of that situation is constantly in your face.

The politicians elected are no more than gift wrapping. The true powerbrokers in government are hidden from view and the direction a nation pursues is unaffected by the comings and goings of elected officials. The invisible government selects candidates and leaders who will implement their policies. The length of time a politician is in office is directly related to their usefulness in this regard.

Those politicians who had short terms in office were those who balked at the invisible government directives. Some had violent exits, others were persuaded to pursue different careers through subtler means. Government is about power – the ability to control people, natural resources and armies. Those with the real power behind the elected faces are not interested in sharing or giving it up.

Controlling a government legitimizes their activities in the eyes of a supposed democracy, and those activities center on enriching the beneficiaries by any means.

∞

The ties between government and corporations have become more apparent, seemingly operating as one. There is much cross-over such as when politicians change career and join large corporations, and conversely business executives

become politicians. Politicians receive money from corporate interests during campaigns and then return the gesture when in charge of the government finances.

Governments have become the political arm of these corporate interests. Advancing grants to developing nations in exchange for business concessions is common. Isolating regimes for being unfriendly to your business overtures is also part of government strategy. Supporting business friendly candidates in foreign lands and suppressing the peoples of that land have also been used by governments.

The mantra drilled deeply into your mind is the sanctity of 'business'. The word has attained mystical status – the pill that cures all. You've been taught that business=jobs=money=security and you gladly accept governments battling for business. Business is top of the food chain and governments see to it that it is fed first. There is a trickle down to you, but it is slowing and being moved to other more profitable locations.

∞

Pulling the curtain back reveals that the invisible government is interested in acquiring wealth and power. Controlling the strings of government and moving their business interests around the world like pieces on a chessboard, they grow and consolidate their power. Most nations operate in this fashion and what becomes clear is that there is a hidden world government coordinating with nations, the top of the pyramid.

The nation state lost its real sovereignty a long time ago. Nation states are useful however when members of the world government have disputes. A nation's military will battle another's to settle ownership of a prized asset. They have many disputes as they are service to self orientated and will seize opportunities for enrichment from each other. This is one of their weaknesses.

∞

Power Struggle

The power struggle is more of a power grab – a small group of individuals want your power. You give it to them because you believe this group has your interests in mind, and they know how to fix the world's problems. What many are beginning to realize is that this group creates the world's problems – to put you in the situation where you choose to give them your power and the acceptance of the fix.

The fix is a further layer of limitation upon you. The noose tightens and the freedom that is your birthright is slowly chipped away. You begin to feel powerless to the events swirling around you and put your head down to focus on the insignificant details of your life. You need to learn to say no to the external powerbrokers and yes to the self and others like you. This is the choice before you.

The plates set in front you represent your choices. The plate with the gold bar represents the game that the power elites wish you to play. The game is the money game, the pursuit of individual wealth, competition and the desire to acquire external things. Playing this game brings you onto their playing field which they control and where they can siphon your power. You become one of their pawns.

The plate with nothing represents the idea that you already possess all the riches you could possibly want. You are part of the creator, the being that created everything. You have the power to create any reality you choose. Your belief in your mind that you do not is your major roadblock to this achievement.

The choice must be made soon as the Earth can no longer support both of the orientations. Which plate will you reach for?

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You ask how long has this struggle been going on? The answer is from the beginning of time when human beings first appeared on Earth. How were these elites able to have the power and control from the beginning? You are not alone in the universe. There has been and continues to be interaction with others, not of the Earth.

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5. Galactic Community

“I don’t know how many or where or how they are doing it but they have been observing us and here for quite some time.” – Dr. Edgar Mitchell, astronaut and sixth man on the moon

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A long time ago, in this galaxy, was a great war between two star systems. The planets of Betelgeuse, in the Orion constellation, were at war with the planets of Arcturus, in the constellation Bootes. Both star systems had developed advanced technology and weapons, and their battles resulted in great devastation and loss of life.

Emissaries from other star systems attempted to mediate the conflict and there was a fear that the war could spread throughout the galaxy. As everything is connected, the balance of Life in the Universe itself was at risk.

One day scientists on one of the Arcturian planets discovered that their planet was dying, and would soon explode – like a star going nova. All planets in the Arcturus system would be greatly affected. Scientists had no solution and the future for the beings in the system was bleak.

The beings from Betelgeuse had the technology to aid the Arcturians in this crisis. Although they were at war, one single act changed everything – they gave the technology to the Arcturians, who were able to save the planet and their very existence. A new beginning was born.

The new beginning led to the formation of an alliance, an alliance of planets committed to unity, expansion and peace. The alliance perceived the need for a new venture for the benefit of all.

The alliance searched for a planet to be the home for a bold experiment – one which would unite them all in a very special way. Their search led them to Earth.

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A Big Family

As you decided to come to Earth, other souls chose to experience life on other planets. The galaxy and the universe are teeming with life on other planets – and you have experienced many of them. Some are ancient and have evolved to a high state of technological accomplishment and high degree of spiritual understanding.

Some are in their early stages of development and not as advanced as the Earth human being, experiencing from your perspective a caveman type of existence.

There is a richness and variety to this universal classroom, so that there are infinite opportunities for learning. The imagination of the Creator knows no bounds.

∞

The ability to travel amongst the stars baffles the current scientific thinking. The idea that the speed of light is a limit and that visitations to Earth by other beings would be constrained by this factor is common. What scientists have not discovered is that consciousness, and the power of thought, can remove all barriers to travel.

The ET phenomenon is not a technical study as currently envisioned but a mind/spirit science, where leaps in understanding for human beings will occur when focus is re-directed to this area.

These beings understand creation and the interconnectedness of all things. Space and time are not constraints but variable and malleable. For them, travelling between stars is fueled by conscious thought and intention.

∞

Visitations to Earth by intelligent beings from other planets have been occurring since the beginning of recorded history. You can see evidence of their presence in cave art, petroglyphs and in ancient manuscripts, including religious texts.

Look at ancient Egypt and the Mayan civilizations and what remains of their era, including monuments and structures. Examine the Peruvian plains of Nazca and the stone statues of Easter Island.

Much more evidence is buried and hidden as a result of the last ice-age, waiting to be discovered. In the last 60 years, countless number of witnesses have seen strange

lights and craft in the sky, under the seas and on the ground. Some have met these visitors, communicated with them and toured their crafts.

The questions that come to mind: who are they, where are they from, why are they here and why isn't their presence openly acknowledged?

These questions need to be examined, for you will find that the pieces of the puzzle of human existence will fall into place. You will learn and expand your knowledge and awareness, and gain a deeper perspective on the nature and functioning of creation. This is why you are on Earth, is it not?

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The Vegan Alliance

There is one grouping of planets which has had a special relationship with Earth. It goes by several different names but the Vegan Alliance has been interacting with Earth from the beginning.

The alliance was initiated by planets in the Vega star system who foresaw the need for co-operation to maintain peace and for mutual gain and benefit.

Vega was able to bring five sun systems together as the founding members of the alliance. These are: the Sirius grouping, the Pleiades grouping, the Arcturus (also representing Betelgeuse in partnership) grouping and two sun systems from another galaxy – Sodomora and Gamari.

The alliance is dedicated to service to others. They share a great respect for the Creator and creation, honour harmony and balance, and the inherent right of freedom and sovereignty. Members share their knowledge and histories with each other to help each grow and expand. They are learning and developing just as you are.

From humanity's short history perspective, the alliance has always existed. Through time however, the alliance has grown to include hundreds of different planets in this and other galaxies.

Other beings not part of the alliance have and do visit Earth but in terms of interaction and influence, this alliance has been the most impactful.

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The members of the Vegan Alliance have a wide range of body appearances. Many are similar to the human being body type but with differences. Some are shorter, a few feet tall and others much taller, twice the size humans. Some of the human looking members have ears like elves, some are hairless. Some have larger eyes and larger heads, others are short and squatty – dwarf-like.

There are members who look nothing like humans. In the Arcturus and Sirius systems are beings that look like dolphins and live in seas on their planets. There are beings that look like insects – such as the beings from Betelgeuse who resemble Earth’s praying mantis. There are beings who look like the bumble bee and yet others who resemble a cloud.

These are highly evolved and intelligent beings and you should not be misled by their appearance. Think about how most human beings would react to seeing some of these members of the alliance, when acceptance of the different races on Earth now is a challenge. Once unity as one human race is achieved, these beings will be comfortable in meeting you.

Each planet in the alliance offers their unique talents to the whole. Through their own evolutionary process they have developed special qualities and skills. The Sirians are the master communicators, the Arcturians builders and architects and the Pleiadians, teachers. Imagine how the alliance benefits from the participation of these expertise parts into an integrated unity.

When unity is reached on a planet, there arises within the minds of the inhabitants an understanding of planetary purpose. Think for a moment what would be humanity’s expertise to offer other beings? It is what we are here to learn – Love and Free Will. In the future, humanity will teach the alliance these concepts, as they do not experience them as you do now.

∞

The Plan

There are many reasons for the presence of visitors. The Vegan Alliance has its chief mission and some individual planets within the alliance have additional objectives. There are others outside the alliance with their own reasons for visiting. There is no single answer to the question – why are they here – but many. However, there is one main purpose for the Vegan Alliance’s presence and that is their Plan.

This Plan developed by the alliance is to create a living library in the human being on the planet Earth. The best of what the members had achieved in their individual evolutions would be integrated. It is like the Vegan Alliance itself is manifested in a life form, the human being. Imagine, within each individual lies incredible potential.

There are two primary reasons for the creation of this plan. First, the members of the alliance experienced great expansion and wisdom through interacting with each other, and imagined the possibilities of a race possessing the combined talents. A co-creation imbued with themselves further strengthens their unity and peaceful co-existence.

A second reason is that members realize that all civilizations eventually disappear. Each has its moment in the sun, but like stars and galaxies, they in time pass on into eternity and are replaced by new ones. Passing on their history, wisdom and achievements to successive generations, as they wish to do, rings familiar with human parents and their children.

∞

The Plan was implemented a long time ago. Consider the 'missing link' which historians and archaeologists study and research. This gap refers to the unexplained leap in evolution where primitive Neanderthal man leaves and modern man appears. This gap is where the alliance did their work in creating the Earth human being.

The alliance has great expertise in genetics and combined the DNA of Neanderthal man with their own DNA to produce the current human form. From their perspective, they added their essence to the existing natural life form at a genetic level. Imbedded in human DNA is the key to accessing their incredible library of wisdom and abilities.

As humans evolve, their DNA evolves and new faculties are revealed. The evolution requires maturation, and as humanity achieves milestones of acceptance of others, peace, love and freedom, changes to DNA will trigger progressive revelations. There are many gifts waiting to be opened by you. You are taking your baby steps towards them now.

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They are the forefathers of human beings, and like any parent, watch over the development of their offspring with a mix of concern and wonder. There exists a universal law of non-interference with an evolving civilization. While the alliance obtained permission from the most highly evolved beings in the universe to conduct the initial infusion, they knew they could no further involve themselves.

They can give guidance and help humanity in certain ways, if asked. They can 'help' but will not 'do'. They must not interfere with our evolutionary development. They can start the ball rolling but must let humanity go where it wants to go. Remember that free will is a primary lesson of Earth experience.

They wait for humanity to come to their own realizations about their true selves. When you reach that maturity in evolution, they will meet you with open arms and welcome you into your big family. You have many parents and grandparents and aunts and uncles and cousins, and yes offspring. Imagine the celebration!

Well, at least this is the Plan.

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The Interferers

The Vegan Alliance has a service to others orientation. They are peaceful and respectful and wish you nothing but happiness and fulfilment. They would like a friendly, co-operative relationship of mutual joy and benefit.

There are others however, that visit you whose intentions are not so benevolent. These visitors are service to self orientated and their ambitions are conquest and exploitation. They have no interest in joining the alliance and are interfering in their Plan. The Vegan Alliance refers to these beings as Interferers.

The Interferers come from planets and civilizations on the service to self path. Like the great empires of Earth's history, they spread out from their home in search of resources and riches in other lands. By any means, including force, they conquer these territories to exploit and claim the wealth for themselves. The Earth and humanity are assets deeply desired by them and they are doing everything they can to get them.

They have been visiting the Earth since the beginning and not with a unified agenda. Each group has their own intentions and objectives with the planet. They will

support each other for short-terms but also as likely to compete and turn on one another. This is the nature of service to self.

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You should be aware of some of these agendas. One group wants to control and manage the Earth like a farm, where human beings are their cattle. Humanity is part of their food chain and for some they consume the physical body and others feed on human emotional energy – particularly fear. This is the dominant group and they have been farming humanity since the beginning.

A second group wishes to simply take-over the planet and inhabit it. Most humans would be eliminated and the smaller group remaining would be the workers. A third group is after the natural resources on the planet, including the valuable and extensive water supply. Human beings are simply another life form on the planet, and would be exterminated if they in any way impede their efforts.

None of these agendas should be appealing to human beings. You are not honoured as sovereign beings, your right to self-determination and learning and growing, ignored. They do not recognize you as part of Creator, as they do not recognize the existence of a Creator.

The dominant group realized that to implement their plan the most effective method would be to interact with like-minded human beings. These service to self human beings seized the opportunity offered to them to manage the farm, in exchange for their own individual power. The Interferers provided these human beings certain information and technologies to assist them with their task.

You might ask why the Vegan Alliance has allowed this interference in the affairs of Earth and humanity, their Plan, to occur. Do they not have the ability to repel these invaders or are they overmatched?

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To answer the question requires a look back at history. After the beginning of the Plan was implemented, there was a battle between the Vegan Alliance and the Interferers for the planet Earth. At some point, the alliance strategically withdrew from, but not abandoned, the Earth and humanity. While the Interferers were able to obtain a foothold on earth, they understand the dire implications of directly interfering.

Instead, they operate through agreements with certain human beings. It is certain members of the human race which enslave the rest, creates wars and attempts to control the populace. You recognize them by their weaponry – fear and terror and control of your mind.

The Vegan Alliance has significantly grown throughout the years and today are extremely powerful and capable of protecting Earth and humanity. They did approach certain governments when nuclear weapons were developed and offered help as long as the weapons were dismantled.

The governments did not accept the offer, instead choosing to interact and enter agreements with others who had no such requirement. In exchange for technology the governments agreed not to disclose their presence and allowed them to interact with humanity with less than honourable intentions.

The alliance presence now keeps the others in check and prevents them from greater action. They know that it is now up to human beings to exercise their free will and choose between a path of service to self or of service to others. The outcome of that choice will determine whether the Vegan Alliance remain here or the Interferers remain here.

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Graduation

Both groups have contact with some governments, at some levels. The government behind the scenes, the invisible government, has used the technology and knowledge obtained through agreements to improve their personal advantage. Certain militaries have used the technology to create incredible weapons and machines. Many of the reported sightings of visitors in the sky are in fact Earth military.

The Vegan Alliance does have contact with human beings in the general population. Many of the human looking visitors do walk the Earth, unnoticed as they observe and learn about humanity. The alliance's desire for human beings to become aware of the greater galactic community is proceeding through media – particularly in movies and television, and through the internet. A gradual acclimatization is occurring, preparing humanity for revelation.

Both groups know that Earth and humanity have reached a critical point in their evolution. As the solar system races through the universe, new universal energies are affecting them as they enter the Aquarian era. These energies are activating doorways to new realities and a new Earth. There are choices to be made as you reach this fork in the evolutionary road.

∞

Like your public schools, the Earth school does have a term which does eventually end. There is a graduation for those who have learned their lessons and are ready to move on. Some will have to repeat. The Earth itself is graduating to the fourth dimension – a dimension of finer energy patterns not visible to your third dimension eyes. In this dimension, she will support only service to others orientated beings.

Human beings have a choice – go to this new Earth as a service to other human being or repeat the grade, from the beginning. An Earth like planet is being prepared for the repeaters. A very few of the service to self human beings will proceed to a service to self planetary home. The choice you make is indicated by your actions, your thoughts and your heart. You must walk the talk.

If you choose the fourth dimension, service to other Earth, you will occupy a finer energy version of your current body. You will have many new capabilities in this new body including the capability to appear in the third dimension, as you choose. Many of the Vegan Alliance members, and Interferers, are actually fourth dimensional beings who can also appear in the third dimension.

Graduation is very near, you can feel a quickening and awakening within you. The Earth has already started her transition as evidenced by the many changes she is experiencing. The sun and other planets are also experiencing changes at this time. Many visitors from around the galaxy have gathered to observe and participate in this event. Are you ready?

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6. Tools

“There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle.” – Albert Einstein

∞

You are lying in bed and slowly drifting off to sleep. Suddenly you are flying and are passing over strangely glowing landscapes. The realization of what you are doing delights you – I am flying! You wonder, is this real or a dream?

A familiar face joins you in your flight. You touch hands and an energy wave deliciously envelops you – an integration of your essence with theirs leads to total awareness and understanding of each other. For a brief elated moment, all the riddles of the universe are known. You hope this is real.

Together you fly towards a field at the edge of a small forest. There, a group of adults have formed a circle around three young children. You join the group as the children are explaining to the gathered adults the joy of playing. As the children giggle and demonstrate their imagination at play, the adults gradually join them – and begin laughing.

With a jolt you return to your body lying in bed. You open your eyes and gaze at your ceiling. You smile as you try to re-live the experience and make sense of it. Sunrays through a window splash across your bed and warm your body. You wonder, is this real or am I dreaming?

∞

Grounding

There is much confusion in your mind, fed by the sensory overload from man-made and technological sources, and the feeling of overwhelming impotence from the reality of visitors, invisible governments, sobering agendas and a planet in peril. A stunned feeling of helplessness is understandable.

During these times you need to be reminded that you are indeed powerful, creative and resourceful. You are an eternal being having a human experience – remember that you are *in* this world and not *of* this world. While you are indeed a visitor like

me, you still have a responsibility to Earth borne of Love and compassion for life and creation – and the Earth’s unselfish gift of herself for all.

It is necessary that you assume stewardship of your life as a human being and responsibility for your actions – the idea of self-government as your bedrock. This is the measure and test of your mastering of free will, a primary lesson for you here on Earth.

Accept everything and everyone and every event in your life as your choice to experience. You are not the victim of events but the co-creator of them. See how powerful you are? It has been achieved largely with your subconscious mind but your destiny lies in your conscious creation of your experience.

A review of some tools to help you become that optimal being, which slumbers within you and desires to awaken, is timely.

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The practice of grounding is very helpful in maintaining health and balance. When grounding, you centre yourself in the present moment through connection with the Earth. Feel her calming presence infiltrate every cell in your body. Gaze at the beauty and truth she shows you. You reaffirm your bond with her as your mother.

Simply take a walk in nature to ground yourself, escape from your urban techno-bunker. Walking barefoot makes the experience more intimate and sensual. Allow the sun to lighten your burdens and the fresh air to clear your mind. Free your eyes to absorb nature’s creation with curiosity and awe. Feel the natural energies engulf you and cleanse you of concerns and worries.

Settled in this blissful sensation, you feel both centered in yourself and yet more expansive as you merge with nature. A comforting blanket wraps you in this quiet awareness of timelessness and unity. Free from the weight of burdening thought and emotion lies potential for renewal and empowerment.

You can ground yourself indoors with lit candles or incense. Find a quiet and comfortable space with a window, where sunlight can bathe you and nature is displayed. Taking a bath or shower grounds you as water cleanses your emotions and thoughts of their negative clumps. Notice how you often feel revitalized with confidence and clarity after taking a shower.



Meditation

Meditation is the practice of experiencing your inner self-awareness. Your intention is to quiet the mind and subdue your emotions to experience what remains. What remains below the conscious surface is the huge submerged iceberg of the magical and mysterious inner self. This vast cavern within you is your connection to your greater self – where mind, body and spirit meet.

Grounding is an excellent preparation for meditation – and you can practice indoors or, preferably, outdoors. For best results, find a special sacred space for you in your yard or in a nearby park. Pick an isolated spot under a tree, or a comfortable rock or an area of soft grass-covered ground, and sit down.

Sit cross-legged if you can or in any position which makes you comfortable, your hands in your lap. Perhaps you feel a breeze, a warming sun or hear birds chirping – but all other distractions are filtered out. Simply close your eyes and breathe.

Breathing should be even and rhythmic. The length of the inhale should be the same as for the exhale – mentally count your first few if this helps. Breathing should be continuous with no break between the end of the inhale and the beginning of the exhale, and vice-versa. Let all thoughts and emotions go so that emptiness endures. Be still and open. Breathe.



Once in this state you have options on how to proceed. You can do nothing, simply enjoy the peace and calm of this meditation and allow your emotional, physical and mental faculties to relax and balance. Relish the sensation of complete trust in the perfection of the self and the universe and all creation. Listen for any messages from your greater self.

You can also choose to use the meditation to create or affect an outcome in your reality. Through the use of affirmations and visualizations, you plant the seeds in your subconscious mind for creating a desired outcome.

Positively worded affirmations are thoughts expressed mentally or verbally, such as *'every cell in my body vibrates with energy and health'*. You can use an affirmation to affect your health, your relationships, personal abundance - whatever aspect of your

life you address. You are programming your own self for your desired behaviour and outcome. You are creating your reality.

Visualization is a powerful partner to your affirmation. With as much clarity and detail as you can, visualize the desired outcome. When you have the image clearly set in your mind, infuse the scene with positive emotional energy, such as joy or happiness. The seed is planted, fertilized and now you can release the desire to your inner self and trust it will come to be.



Mindfulness and Your Moral Compass

Mindfulness and a moral compass will help you in your day-to-day living by empowering your conscious thinking. Mindfulness is the practice of focussed awareness on the present moment. It requires that you clearly comprehend what is occurring before you act or react. You maintain a continuous awareness of how your emotions, thoughts and body interpret and signal the present external environment.

It requires that you focus on the present moment. This is not easy as you often carry emotions and thoughts from past events or future anxieties which intrude on the present moment. These influences muddy the water of clear focus on what presents itself to you now. Similar to meditation, with mindfulness you clear your mind and centre yourself in your heart area.

With clear conscious mind, focus on what is before you. Monitor your thoughts and emotions, the messages your body sends. A pause before acting returns power to your conscious mind from your sub conscious conditioning and reacting. Your response is carefully thought-out and considered, emotions inform you - not rule you.



A companion tool to mindfulness is your moral compass, a tool which serves to guide your decisions based on your personal values. Your choice of morals and values and virtues define your character – these are your life guiding principles. Think about which moral principles are important to you and would use to guide your decisions.

Consider these examples of values, representing the four direction points of a moral compass: compassion, justice, valor, and forgiveness. As you make a decision or choose an action, you ensure these values are upheld. To be aligned 'true north' means your decision is in accord with, or lined up with, your values.

The pause of mindfulness gives you the opportunity to use your moral compass. Clear of distracting thoughts and lagging emotions, you can focus in the present moment on the decision at hand and access your compass to guide your actions. New values can influence your compass as you grow and evolve, or the meaning of a value will gain clarity as you experience life, so be open to refining it.

Through the use of grounding, meditation, mindfulness and your moral compass, you strengthen and refine your conscious thinking. Your awareness expands as you discover an inner calmness and clarity. You assume responsibility for your actions, your thoughts – content with your choices. You develop a discipline of pausing, centering, clearing, feeling and aligning your decisions with a confidence of free will.



Whole Health

Let's return to the paradigm that you are a mind, body and spirit energy being. Your unique energy pattern results from human beings having different mind development and utilization, varying degrees of physical health, and a range of spiritual awareness and experience. In the near future, human beings will be able to perceive these patterns and diagnose the mind, body and spiritual health of an individual.

Whole health is your energy bodies vitalized and in balance. The integration of the bodies creates an interrelationship such that what affects one affects the other. For example, an ailment of the mind, such as negative thinking like guilt, affects the physical body by way of symptom, such as a back pain.

A spiritual deficiency, such as lacking creative expression, leads to mind and thinking limitation and frustration in problem solving. Diagnosing an ailment accurately requires an examination of the mind, body and spiritual causes.

When you have a physical problem of any sort, simply consider that the problem is probably not just a physical problem, and that complete healing would require examining and attending to your mental and spiritual self as well.



Balancing the energy bodies means nurturing and developing each of them. They need to be exercised and here are some examples you may choose to practice. Most of these examples nurture more than one energy body, because of their interconnectedness. Maintain a balance and ensure you are doing at least one suggestion in each area.

Mind: Learn a language, play music, and build something with your hands. Each of these requires the use of your mind, body and spirit, as your thinking, imagination and physical activity are utilized. Pursue life-long reading and writing, logic and speaking skill development – the ancient trivium, for the same reasons. Games like chess or puzzles also work as mind exercises.

Body: Diet, exercise and sleep. Go with more small meals rather than a few big meals. Eat organic fruits and vegetables, and lots of them. Consider the merits of vegetarianism. Drink distilled water.

Exercise should be a daily part of your life. Do what you enjoy doing, and you should explore different types of physical activities to find your joys. Yoga and the martial arts are very effective as they involve your mind, body and spirit.

Many human beings do not sleep enough. The body has the opportunity to heal and revitalize during sleep and set eight hours each day as your target.

Spirit: Creativity, imagination, nature, values and philosophy. Spend as much time as you can in nature for her revelations on life and beauty, and her healing. Have a creative hobby, such as music, art and writing. Your imagination is used during these activities or you can create your own expressive vehicle.

Develop your own sense of values and morality – to define your character and your actions. Be a student on the path of self-discovery. Questions concerning the nature of creation, the nature of yourself and the purpose of existence, should be life-long pursuits.

Curiosity is a catalyst for learning and there is great mystery in the Earth and the Heaven to be investigated and explored. While it can't be said that *you only live once*, it can be said that *you will only have this moment once*.



These tools will help you but there is a daily menace you must confront and it is getting stronger. It is the electromagnetic radiation which is around you and relentlessly blasting you. The culprits include TVs, appliances, computers, cellphones and tablets – polluting the space with an invisible fog of harmful radiation.

It is harmful as it disrupts your energy fields as their radiation makes contact with you. Your optimal energy fields are distorted and weakened with negative health implications. The proliferation of wireless communications has greatly aggravated the condition.

Give up your cell phone and your laptop computer and your tablet computer. Keep a safe distance away from microwave relay stations. Unplug your TV – for many, many reasons. Go for a walk, read, listen to music, paint, practice martial arts, take a swim, sit under a tree – tear yourself away from the technology which is hindering your quest for achieving full potential.

The city urban life is not the best environment for you. In addition to the poisonous radiation smog, you have noise, air and water pollution. People are piled on top of each other with little opportunity to experience personal space or to connect with nature. The man-made landscape is dehumanizing. Consider a rural lifestyle as a healthier alternative and a better option for attaining self-sufficiency and independence.

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Astral Travel

Every night during your sleep you go flying. It is not your physical body which takes flight but your astral body. The astral body is a fine energy body that is part of the complex mind/body/spirit being which is you. It acts as a link between your physical self and your spirit self. Every night it leaves your physical body for the astral dimension.

During this out-of-body experience, a portion of your sub-conscious mind travels with the astral body and the experience in the astral dimension is recorded in your memory. Some practiced human beings can bring their conscious minds with them on these travels.

The purpose of this experience is this. When you came to Earth and chose to experience life as a human being, you set out objectives and plans for your learning

and the balancing of karma. The progress of your plan is monitored and reviewed in the astral by yourself and others.

Opportunities are presented to you taking into account the impact your day-to-day conscious choices in the physical have on your plan progress. You meet with other astral bodies and arrive at agreement with those you wish to interact with to achieve those goals.



It is a most important yet least understood aspect of being human. Consider that everything that happens to you in the physical world was first planned in the astral world. You still have conscious free will on how you react to these opportunities when they are experienced physically – not everything goes as planned. Nightly visits ensure that tweaking and encouragement are on-going.

Dreams are snippets of your astral experiences which your conscious mind recalls. To improve your conscious recall of your astral experiences, let go of your fears. Fear of the unknown is the self-created barrier preventing you from experiencing your grander self. Have trust in yourself and the universe and creation – do not let your fears limit you.

Before you fall to sleep, say to yourself that you wish to recall your astral experiences upon waking. Have a pen and paper by your bedside to record your impressions when you wake. The greater the recall, the greater will be the alignment between your astral awareness and your conscious awareness and the accomplishment of your goals.



Spirit Guides

All of us have special friends who love us dearly and wish to see us succeed in our planned experiences. They are with us all the time and advise us and guide us when we require their assistance. They are our spirit guides, or as some religious groups call them, our guardian angels.

These spirit guides are beings such as yourself who are not incarnated in a human body. Often departed relatives or friends choose to act as a spirit guide for love and

for karmic reasons. In between your physical experiences, you have acted as a spirit guide for others.

Spirit guides operate from a perspective which gives them greater awareness and understanding, yet they not only help you but they learn from you and your experiences in the physical body. You and they are both teacher and learner.

Some spirit guides are with you for your entire human life while others come and go depending on the stage of your life and your challenges. How do they communicate with you? You can and do meet with them in the astral dimension. In your everyday conscious experience, they communicate less openly through your intuition and your gut feel or through a subtle thought in your mind.

Look at the synchronicities that happen in your life, the coincidences and chance events. Your guide's fingerprints may be on these events. The opportunities you plan in the astral dimension are often nudged into your physical experience with the help of your guides.

You can contact them consciously and the best way to do this is in a meditation state. Once you are in this state, create the mental thought that you would like to meet them or ask them if they have a message for you. Patience and persistence are required and you will be rewarded.

7. The Future

“A dream you dream alone is only a dream. A dream you dream together is reality.”

– John Lennon

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You are staring into a mirror, surprised but pleased. Gazing back at you is an amazing being – beautiful and fit and healthy, a perfect human body. You smile and feel a rush of energy burst from your heart and flood through your entire body. You feel more alive now than you’ve ever felt before.

You walk out to a gleaming blue sky canopy and invigorating crisp air. A lush forest surrounds and you hear the chatter of birds and animals. A fox leaves the bush and struts over to greet you. A few birds take flight to perch near you. They are your friends and you chuckle as the fox rubs his back against your leg.

You notice that your home is a seamless crystalline dome structure and you see others like it in the distance. You have a meeting in one of those distant structures and you levitate and fly towards it.

You join others in the airy sunlit dome and seat yourselves in a circle. The project leader telepathically transmits to you some practical cautions concerning your mission. You are going to 3rd density Earth, from where you recently graduated. You are now in 4th density Earth and the adjustments required to function in your mission environment are being reviewed.

You are looking forward to the adventure as you have many friends on 3rd density Earth. An important piece of your learning and evolution is tied to this work and you are excited. You will guide them and learn from them for a blink of a universal second – for the next 100,000 years or so.

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Only Now

As you sit and read these words, a whirlwind of activity, events, emotions and agendas, tornado in orbit around you. You however, are centered and calm, having mastered mindfulness. You review what you’ve accomplished in your life thus far,

what you've learned about love and free will, and wonder what the future holds and what adventures lie in wait.

What is the future? Are there more than one future? Can I influence the future and can I create my future? What if time is not rigid, straight-line but curving and flexible?

There is a theory that there is no universal constant called time – simply and only now. This theory states that the future and the past, all infinite events, are in fact occurring now. American physicist John Wheeler stated that 'time prevents everything from happening at once.' The conscious mind uses the tool 'time' to focus on and experience already existing events, separately and sequentially.

It also suggests that there can be more than one future. Through choice you experience a timeline, a series of events. For example, you attend university A, then work for company A, and then marry A. At any point you could have chosen a different timeline. Instead of university A you could have chosen university B. Instead of company A you chose company B, and you never met A and never married.

These past/present/future timelines both exist now. You, through your choice, select to experience one of them. Now consider that there are a near infinite number of future possibilities and timelines as there are more than just A and B choices. You choose. Humanity chooses. While your choices are yours to make, humanity as a whole operates by consensus for the race's evolution.

Humanity chooses its events, or future, based on the collective conscious of all beings. There are future events which are likely to occur given the current collective focus and choice and momentum of action. Before examining these future events, it's worthwhile to review the situation now and the external conditions which confront you. Then we can venture into the future – and examine what you should expect.

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Agendas

What confronts you now is the peaking of three significant agendas, and their convergence at this time in Earth's history. The agendas referred to belong to the *Power group*, the *Earth*, and the *Visitors*. What emerges *after* their convergence is

the suspense-filled mystery to humanity and to the gathered observers. It is a pivot point with many possibilities and human beings are the wild card.

The Power group agenda of the service to self human beings is operating in overdrive. What was once covert is now overt as their moves to consolidate power and control are in the open. The controllers behind the governments, the invisible governments, have used fear to cower populations and militaries to seize natural resources. You see this activity day-in, day-out and the malaise of powerlessness freezing humanity.

Their agenda peaks with the implementation of a New World Order where the elites control the planet and set the rules for everyone else living on it. There is a complete loss of freedom and self-determination; the elite's control all aspects of human life.

An important step in this plan is the UN's Agenda 21, adopted by most countries and intended to control planetary resources and human being activity. Where you live, where you can travel, how you live and your resource allocation are being plotted.

The food supply is being controlled through the introduction of Codex Alimentarius, the standard for permissible and non-permissible food products, and through genetically modified food and terminator seeds. The process of food production is being limited and controlled by a small group – individual food production squeezed out.

Technology is being used by this group to further control you. The proliferation of wireless technology and microwave transmissions weakens you and can be used to control your behavior through manipulation of your thoughts.

The group is pushing the integration of technology with human beings, the trans humanism movement, converting you to cyborgs and eventually squeezing out any semblance of humanity. Controlling you will be a few strokes on a keyboard.

Their plan is peaking now as their activities escalate and they prepare a powerful catalyst to roll-out their New World Order – economic collapse.

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The Earth's agenda is the universal agenda of evolution. In grand cycles of expansion and contraction, like the universal breathe, the solar system and the Earth are

hurtling into new territory. It heralds new opportunities and new environments, new beginnings and old endings.

The Earth is evolving into a 4th density energy existence. Waves of energy from the core of the universe are triggering this transformation. The Earth, the sun and the other planets in the solar system are experiencing the birthing pains. Like the butterfly emerging from the cocoon, the same life continues in different form.

The new Earth is beginning its emergence from the cocoon. You notice significant and often bizarre events occurring on Earth – dramatic temperature fluctuations, significant increases in natural disasters, bewildering animal die-offs, bizarre sounds and meteorological phenomenon. You wonder what is going on.

The transition need not be this volatile and cataclysmic. It is the continued disregard for the balance of nature, the lack of respect for life and human emotional imbalance which create the dramatic nature of the transition.

These events are signs to humanity of the evolutionary changes the Earth is experiencing and the clarion call to you to choose change with the Earth or continue with the old ways. It is a loud and clear calling – the Earth has everyone's attention. If you choose to continue with the old ways, a 3rd density Earth will provide you a home to start over from the beginning.

If you choose to go to 4th density with the new Earth, an incredible world is being created by her for you. New experiences and lessons await you – a new human body is being created to house you.

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The Visitors agenda is really two opposing agendas by the two main groups. The Vegan Alliance plan is intended to lead to humanity's evolution to service to others 4th density existence. They wish for you to join their alliance as an equal partner, share in their knowledge and experience, and contribute to the unity of the whole.

The opposing agenda of the other visitors is based on conquest and control. Their desire is to claim the Earth and life thereon as their property. They are service to self beings who work with similarly aligned human beings – the Power group, who for the time being carry out their agenda for them. They wish for humanity to remain mired in the deteriorating duality of 3rd density experience.

The agendas for both groups are peaking as the curtain concealing their existence is slowly being raised. A revelation is imminent. Expect the unexpected as all means will be used by the service to self others to cement control through deception. Rumours of an alien invasion abound. But who are these aliens? Trust your mindfulness and your heart to guide you on what is truth and what is deception.

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The Future

You are alive now in a front row seat to witness and experience the great show. The convergence of the agendas is before you. Chaos will be the norm as these powerful forces play their final cards. Each will try to influence the order which comes out of this chaos.

What should you expect? The Earth changes will continue and increase in frequency and magnitude. Earthquakes and volcanic eruptions will continue to escalate – you already have seen greater activity in the last few years. Climate change will be an increasing change agent with temperatures and precipitation fluctuating wildly.

Flooding and drought will plague the Earth and force human migration. Depleted animal populations and fish stocks will cause unrest as food becomes a rarer commodity. This will lead to more wars and conflicts and violent action.

There will be an economic collapse as over extended governments and individuals reach their tipping points. Currencies will have no value and be useless in market transactions. Economies will grind to a halt and governments in self-preservation mode will operate behind protective steel doors.

The Power group will come forth with a solution. A New World Order of centralized control will be offered as the only option. Promises will be made and coerced politicians will argue for the proposal. They will caution that personal sacrifices of freedom and self-determination and limitation on your activities for the greater good will be necessary.

Through these and other more nefarious means, the global coup will be executed. Many on the planet will willingly welcome the solution – for they have already given their power away in exchange for dependency on the state. They want someone to save them. Those rebels who resist will be labelled terrorists and sought by the state.



The future looks understatedly grim. Understand that for a new Earth to emerge, the old Earth must collapse – like the mythical phoenix. What’s at stake is what will emerge from the ashes and this is where you come in.

You are a sovereign human being taking responsibility for your life, your reality, your future. You are co-creator, powerful beyond description, slowly coming to that realization and potentiality. The desperate acts of the Power group are in response to their fear of your self-realization.

Self-doubt and self-limitation have been pounded into your mind and beliefs from an early age. It is now time for you to declare your true greatness. Herein lays your great potential – your conscious mind. Your total mind contains the negative programming of doubt and limitation and low self-esteem. Your conscious mind must recognize this storehouse of disempowering programming and mute them and their influence on your behaviour.

Fear is the emotion used to imprint these negative programs. Examine your fears to determine which are real and which are programmed for your compliance. All fears are ultimately useless as you are an eternal being, part of the creator – living through eternity.

When you experience fear, pause for a moment and study it. Look at it as if you were a third party observer without any prejudice or judgement. What thought or action or word triggered the feeling? Why does it trigger fear? Is it imposing a limitation on you or lack of action? Understanding the origins of the fear is the first step in weakening its grip.

Reprogram yourself through your words and your thoughts to over-ride those debilitating impulses. If you consciously say ‘I will do this’ or ‘I am this’ and you believe it, it will happen. Be free of doubt; believe in your incredible power to accomplish what you consciously desire. Then act in the fashion that it will.

Your conscious mind is how you direct your power, and your moral compass – your values, originate from your heart. Think of your heart as your navigator, your body your engine, and your mind as the rudder. Take ownership and responsibility for your ship, or someone else will.



What is the future? It is this moment, this now, with many potentials and probabilities, different timelines of events extending out from this central point of now. Every choice you make affects the different timelines which are available and their probability of coming to fruition.

There are two paths before you which dominate the landscape. One path is the continued existence in 3rd density life, learning the lessons of free will and love. A second path exists for those who have learned their lessons and are prepared to graduate. A 4th density service to others Earth is their future.

You have been eagerly anticipating this moment. All your Earthly lives, your trials and tests, your learning experiences, have been leading you to this moment. The time is now. The choice is yours to make through your deeds and your actions.

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A New Earth

Let's imagine what a 4th density Earth could look like. The light is what you would first notice. There is brilliance to the blue sky, a comforting yet invigorating light which embraces you. The air is clean and fresh and moves in gentle breezes. The land is green with healthy plants and vegetation, the waters pure and full of sea life.

You see an Earth scrubbed clean of all pollution and there is no doubt in your mind that the planet is alive. A fine subtle energy glow surrounds all living things – the plants, the animals, the rivers and mountains. You clearly see the creator and the creative energy patterns in these expressions of life.

The food chain does not exist but energy in the air, prana, nourishes all through breathing and absorption. Animals act like relatives and aggression and predation no longer exist. There is balance and harmony in this Garden of Eden.

The Earth has no moon companion and the stars and other planets have a new vibrancy and colour. The night sky is not dark but enticing and revealing in design and pattern. The symphony of sound of the solar system is audible and pleasing to the ear. A greater appreciation of the unity of the universe is felt to your core.

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You look at your body. It is fit and healthy, glowing with an energy vibrancy which enthalls you. Once a human being reaches adulthood, there is no ageing of the

body. A 100 year old looks just like a 30 year old. You have a peaceful, content disposition revealing your awareness of who you are and your greater understanding of the nature of reality and creation.

There is no illness or disease, no crime or war. There is a unity of purpose and true empathy for all of your fellow human beings. There is no religion but spirituality and honouring creation and life are important parts of life. There are no politicians but respected elders assume the role of trusted advisors. There is no money.

You use a greater portion of your brain and your intellectual aptitude correspondingly increases. Your intuition is powerful as your awareness of yourself is expanded. When you meet another human being you feel an instant connection and profound sense of love and respect.

Love and free will, which you learned and mastered, are an important part of this existence. The sovereignty and free will of the individual human being is cherished and honoured. Love for a partner and your children are still experienced, as is the special bond you create with personal friends.

What do human beings on this Earth do? They love to learn, and dedicate their long lives to their enrichment. Imagine the learning opportunities when you are part of a galactic community. They play, for laughter and joy feeds their innermost connection to the Creator. They explore, for they are curious and have the ability to traverse the universe.

They teach others on planets who are on the path of self-realization and evolution. Through this teaching, they learn wisdom, which is the primary lesson of this life experience. They teach what they know best – the many manifestations and expressions of love and free will.

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Everything begins with a dream. It is the Creator's dream, incredible imagination at play conjuring up worlds and characters, which we can live and experience. The creator has given us the power to choose which ones we want to taste.

What is the probability of this dream of New Earth happening? The question should be properly stated – what do you want, what is your desire? I want to live it, do you? If I dream it, and you dream it, then we will create and experience that reality. Let's begin now and I will meet you there.

Epilogue

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It began with a little story for my muse...

We think time is linear – life progresses in a straight-line, from A to Z. What if time works more like a circle, from A back to A? You start here, and end up back here. We believe that electrons circle around the nucleus of an atom. We see that planets move in circles around the sun. However, the universe is not standing still, but expanding and rushing through space. For us, like the planets, the A we return to is not the A we left. The A we return to is familiar but different.

When you return to your childhood neighbourhood you notice that the trees are taller and the houses are smaller. Memories wash over you – there's where I played on my skateboard, there's where Mom would hang our wet laundry to dry, there's the park we played kick-the-can. Small changes in the external landscape are registered, but you eventually realize that the big changes that have occurred are in you. You are different.

We reach the end of our lives with our travel trunk full with memories. Some are pleasant – our first love, our last love, children laughing, pets frolicking, friends cajoling – memories condensed to nano-seconds of joy, slipping through our fingers like water.

Some memories cause distress, but time, whether linear or circular, dampens the painful bite they once held. Sifting through our trunk we can examine these less pleasant events with the comfort of distance. Given the opportunity, hurled back in time, would we act differently?

We need not be hurled back in time if we return to A. By returning to A, we have another opportunity to meet the events scrubbed anew and test the hypothesis – would we act differently? The A we returned to though, would have its tweaks. The people are familiar but with different dress, similar circumstances but different landscapes and the same protagonists but different catalysts.

To truly test the hypothesis – all would be masked by a veil of forgetfulness. Will we act differently?

Some sages argue that these recyclings do occur. The pleasant memories are weightless while the unpleasant ones stone-heavy. Until our travel trunk is feather-weight, we carry its burden through repetitive loops until, like alchemists, convert our sorrows to joys.

Freed from the weight of pained memories, we are free to fly to new cycles of time, of experience. The pleasant memories remain with us until all cycles are completed, and then time no longer exists at all – simply joy, love and bliss.

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